

Roaring Lions capture their first signing for the next campaign

Lee Valley Lions are excited to announce the return of Canadian player/coach Blair Dubyk for a second season.

Last season's Captain was his thoughts about what lies ahead for the Hackney-based side.

"I am excited about the upcoming season. I thought last year's squad made some real progress through the season, and with some returning players, a crop of good young players and a few new faces, I believe we can continue from where we left off," he said.

"We've got a good group of guys, all willing to work hard day in and day out, and I'm looking to add to that. I've been in talks with a few ENL1 (England National League One) players who are looking for a less hectic weekend schedule."

Dubyk, 31, knows how hectic the ENL1 schedule is as he was a defence-man with the 2009-10 play-off champions, Bracknell Hornets.

In his first year with Lee Valley he had a team-leading 33 goals and eight assists in 23 games as a forward.

"The General Manager, Eddie Joseph, and I spoke about me playing on the forward line at the beginning of the season. We thought it would be easier to help run the bench if I was a forward. I enjoyed the change," Dubyk added.

Dubyk and other coaching staff are currently running open practice sessions for prospective players every Tuesday evening at Lee Valley Ice Centre before formal try-outs take place in July.